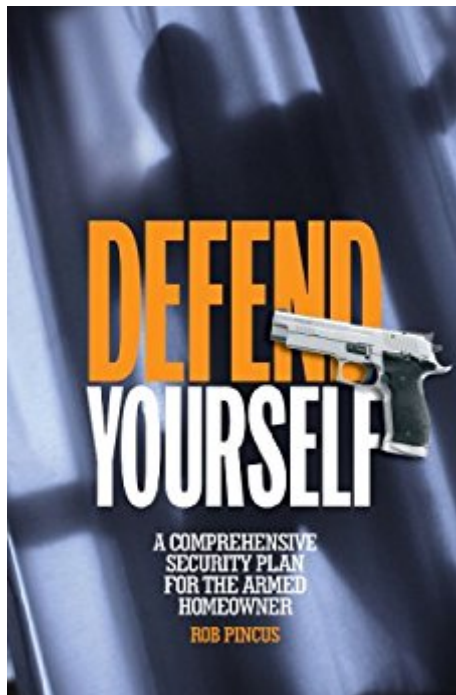




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Defend Yourself: A Comprehensive Security Plan For The Armed Homeowner



Synopsis

It CAN happen to you. Your home is the one place you should be safe and the one place you usually are safe--but a home invasion turns all that upside down. You can come out the winner in this frightening situation, and self-defense expert Rob Pincus, in his new book *Defend Yourself--A Comprehensive Security Plan for the Armed Homeowner*, shows you just what to do to survive this terrifying event. Inside you'll find: Strategies for evading, barricading, and battling an armed threat in your home. Smart weapon choices and how to stage them for access when you need them most. Special tactics for hotel rooms and single room apartments. Training tips and drills exclusive to combat accuracy needs. And much, much more! Pincus offers up an unprecedented analysis of the "dynamic critical incident" that is a home invasion. In addressing this crucial topic--the one you think can't happen to you--Pincus has provided the next level in self-defense mentoring. No matter who you are, no matter where you live, this book is a must-read.

Book Information

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Customer Reviews

Quite a disappointment for a Rob Pincus and NRA recommended book. I have enjoyed Rob's videos and articles for some time, and bought based on that experience. This book however, is obviously ghost-written from interviews or recorded notes and each chapter is pretty general. I bought paperback to keep as a reference, but there is little of value to refer to. It is basically an outline, with some general thoughts and a few examples on each subject and is mostly common sense. Rob's free videos are much more useful than this book. I will avoid Rob's materials in the future, unless they carry a money-back guarantee. RO

This is a good book with lots of things to consider. It is good supplemental reading if you decide to take a USCCA (U.S. Concealed Carry Association) course. It helps give you things to consider / ways to "think." Just remember, like anything else: When it comes to "do it yourself" self defense, practice and training "from outside" is hard to replace. This book is much like others such as: "Deadly Force," and "Concealed Carry." They are all good and they all cover much of the same information. Each of the 3 has a few "unique" things of their own. I would still suggest you consider 2 training courses: 1. For Marksmanship, the NRA Basic Pistol course. 2. For Self Defense, the USCCA course.

If you've undertaken more than a passing interest in defensive firearms training over the past few years, you'll know the name Rob Pincus. His appearances on popular TV shows such as "The Best Defense" and "Trigger Time" have made him something of a household name. His "Combat Focus Shooting" (CFS) program has thousands of adherents worldwide, and has been taught to students ranging from housewives and accountants to top tier law enforcement and military units. In short, if you are serious about self-defense with a firearm, you need to have Rob Pincus on your radar. "Defend Yourself" is Rob's 4th or 5th book, depending upon how you count them. Previous titles include "Combat Focus Shooting" and "Counter-Ambush." This book "Defend Yourself" - is in my opinion - his best to date. Defend Yourself focus on home defense, with or without a firearm. I've read a number of titles from other authors on this subject. Some have been pretty good, others simply a dreadful compendium of anecdotes and "gun counter wisdom." None have been especially complete. This book is different. As is typical for Pincus's approach to teaching

firearms, he breaks the subject down into discrete components and then examines what actually is known to happen in home-defense cases, as well as what can plausibly be expected. There are no “magic formulas”, but rather a solid exposition of principles followed by how those principles are best applied in context. Nothing seems hastily written or reasoned. “Defend Yourself” is amazingly complete. A section on tactics flows right into a section on equipment (not just guns), which is followed by the topic of training and rehearsal techniques. This really is a single volume resource which covers all of the bases. If you want to buy one book on home defense | this is the one.

Excellent resource to double-check your mental preparedness to defend yourself with a lethal weapon. Additionally, analysis of varying domicile physical characteristics, i.e., brick or frame structure, one- or two-story, etc., is very insightful, and lead me to modify, add to, and exercise, our Home Defense Plan. Still working on it, but the book was the stimulus needed to update or refine so many areas.

Perfect!! Now I'm more prepared.

Good basic stuff you can do yourself.

A must read for anyone serious about home defense. Bought the Kindle version and about halfway through I decided a hard copy belonged on the book shelf. Bought an additional copy for one of my kids who was recently assaulted. I particularly liked the balance between the need for speed and/or precision in the context of defending one's home.

Love it! This book brings together all the principal, relevant considerations for the homeowner who wants to be prepared to defend himself and his family with a firearm. The illustrations are excellent, and contribute to the learning experience. A chapter even tells you how to train for the unwanted critical event, and guides you to customized targets and a smart-phone app to take you through multiple and randomized training scenarios on the range. Yes, I've tried the app, and it's excellent.

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